**100th Port Washington Invitational**

**Presented by Port Washington Union Free School District**

Saturday, April 21st, 2018

**Location:** Port Washington High School, 9:30am

**Clerking:** Will begin at 9:15am

**Entries:** Entry due date is Friday, April 13, 2018.

**NO ENTRIES WILL BE ACCEPTED THE DAY OF THE MEET.**

The fee is an entry fee and not a participation fee. Once an entry is accepted, the entry fee **must** follow.

**Eligibility:** Each athlete is **limited to 2 events** in total (running and field combined).

**Relays:** Relays are limited to two teams per school.

**Invitational Events:** The following events are considered invitational events; **200m Dash.**

**All coaches must enter all your athletes on ny.milesplit.com (Port Washington Invite)**.

 Teams are limited to a **3 athlete maximum** in invitational events. Field size is listed below. Meet management reserves the right to adjust the number of competitors in the invitational events**.**

**\*\*200m Dash\*\***  \*\****Top 24 athletes will be accepted\*\****

**Field Events:** **Boys Opening Heights Girls Opening Heights**

 High Jump 5’ 0” High Jump 4’2”

Pole Vault 8’ Pole Vault 6’0”

**In the shot put, discus, long and triple jump: all of the first jumps and throws will be measured. After that only those over the following distances will be measure:**

**Boys Standards Girls Standards**

Long Jump 16’0” 13’0”

Triple Jump 36’0” 27’0”

Shot Put 33’0” 22’0”

Discus 85’0” 60’0”

**Awards:** Medals will be given to the top **four** finishers in all individual events.

 Medals will be given to the top **three** teams in all relay events.

 Plaques will be given to the winner of the invitational 200m dash.

**Entry Fees:** $175.00 boys, $175.00 girls’ team or $325.00 combined team, plus the cost of timing and one official per team. Officials will be split between Section VIII schools and billed through BOCES.

 **Individuals:** $8.00 per event. **Relays:** $20.00 per event or use the blanket entry

 **Questions, please contact** Jeremiah Pope at (516) 417-0055 jpope9.jp@gmail.com or Arnold Donado (516-639-1388 ArnoldDonado@hotmail.com

**100TH Annual Port Washington Invitational**

Saturday, April 21st, 2018, 9:00am

**Track Order of Events**

Boys Texas SMR (100-100-200-400)

Girls Texas SMR (100-100-200-400)

Boys 400IH

Girls 400IH

 Boys 1600m

Girls 1500m

Boys 100m Dash

Girls 100m Dash

Boys 400m Dash

Girls 400m Dash

Boys 800m

Girls 800m

Boys 110HH

Girls 100HH

**Invitational Boys 200m**

 **Invitational Girls 200m**

*PW Elementary Boys 4x100m*

*PW Elementary Girls 4x100m*

Boys 4x100m

Girls 4x100m

Boys 4x400m

Girls 4x400m

Boys 4x800m

Girls 4x800m

**Field Order of Events**

Girls Shot – followed by Boys Shot Put

Boys Discus – followed by Girls Discus

Girls Long Jump – followed by Boys Long Jump

Girls Triple Jump – followed by Boys Triple Jump

Boys High Jump – followed by Girls High Jump

Boys Pole Vault – followed by Girls Pole Vault

**Port Washington UFSD**

100th Annual Port Washington Invitational

Entry Form

NAME OF SCHOOL:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SCHOOL ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SCHOOL PHONE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TEAM ENTERED: Boys \_\_\_\_\_\_\_\_\_\_\_\_ Girls \_\_\_\_\_\_\_\_\_\_ Both \_\_\_\_\_\_\_\_\_\_

**BOYS COACH**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PHONE: DAY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_EVENING\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-MAIL: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ASST. COACH: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**GIRLS COACH**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PHONE: DAY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_EVENING\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-MAIL: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ASST. COACH: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

BOYS ENTRY $175 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

GIRLS ENTRY $175 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

BOTH ENTRIES $325 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

INDIVIDUAL ENTRIES $8 per event \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

RELAYS $20 per team \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**TOTAL** $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Athletic Director’s Signature P.O. #

Please send completed entries by mail or fax to:

Schreiber High School

C/O Jeremiah Pope & Arnold Donado

101 Campus Drive

Port Washington, NY 11050

PHONE NUMBER: (516) 767-5990

FAX NUMBER: (516) 767-5994

Please make checks payable to: **Port Washington UFSD**